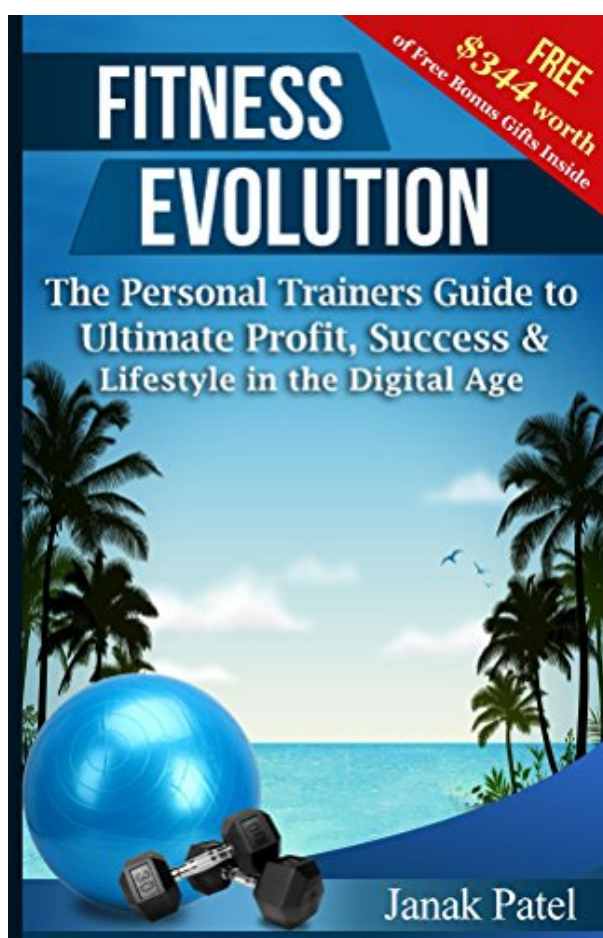
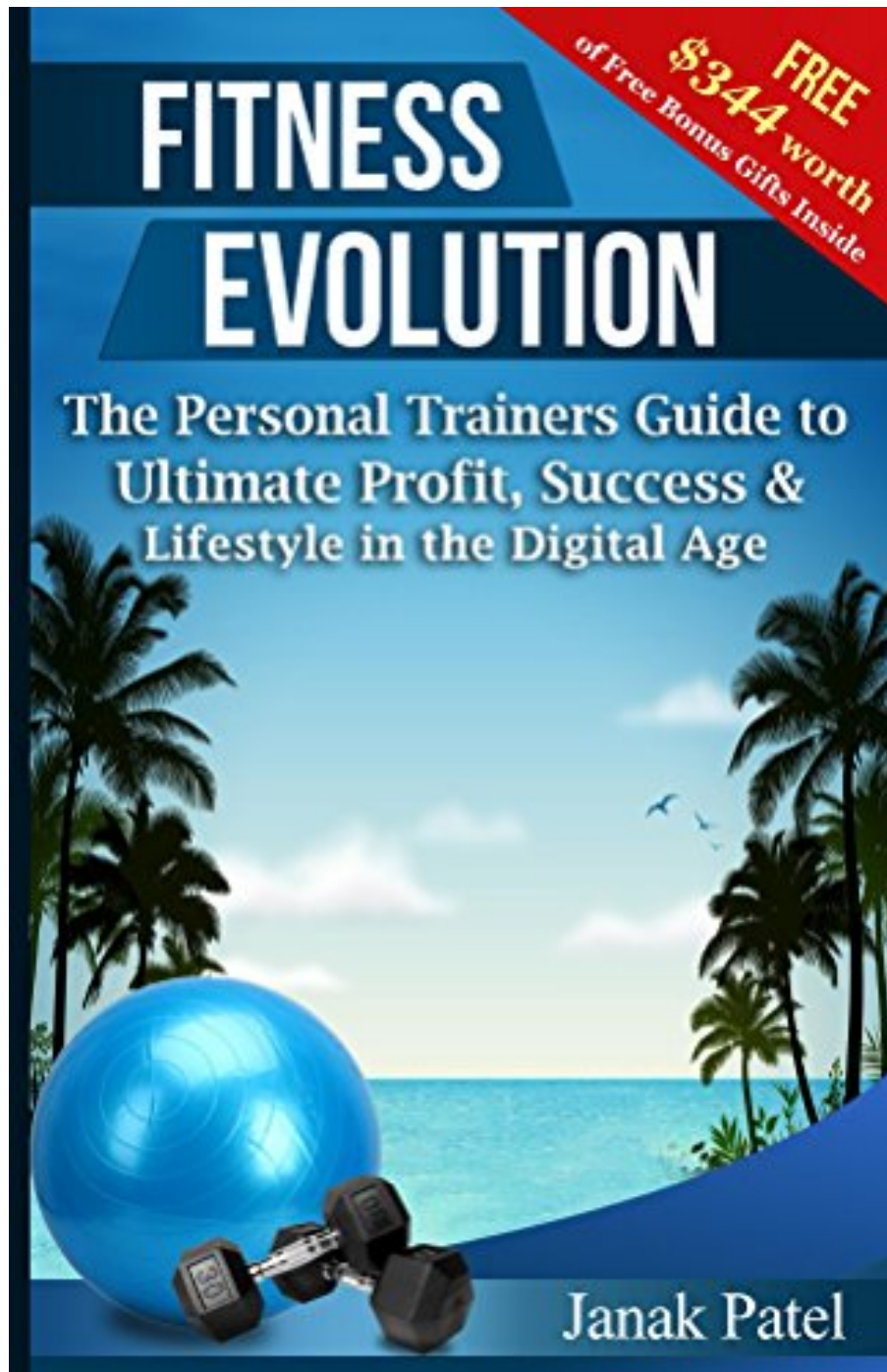


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About the Author

Janak Patel is the co-founder of the HealthMastery Group. His company provides weight loss and health and fitness solutions to thousands of customers worldwide every year. Janak also operates the Digital Fitness Academy www.DigitalFitnessAcademy.com, a 12 week intense online coaching program designed to further the teachings of this book. Janak and his wife Nalisha consider themselves lifestyle entrepreneurs and world adventurers. They have been traveling the world non-stop for the past 48 months since leaving their home country of Auckland, New Zealand in 2011. Living in destinations and cities all across the planet while operating and growing their fitness business from their laptops. Janak and his wife have been featured in national media all across the planet such as the Huffington Post, the Sydney Morning Herald, Yahoo Travel, and Australia's Wake Up morning television breakfast show.

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What is Fitness Evolution?

There is a fundamental flaw in the traditional fitness business model that will keep most personal trainers struggling forever.

Have you had enough of competing with the hundreds of other gyms, studios, and personal trainers in this very saturated market?

Are you frustrated with the inconsistent income? How much longer do you want to work those crazy hours with no weekends or holidays?

Are you tired of continually chasing clients who “forget” to pay you, or don’t show up on time? Don’t you hate it when a client cancels on you?

Is it any wonder that over 80% of Fitness Professionals give up within two years of joining the industry?

WARNING: This is not just another “How to” book written for fitness professionals on how to get more clients.

Yet, the strategies revealed in this book will show you how to explode your current fitness business profits, and increase your client base exponentially like never before.

If you have finally had enough of the struggle and frustrations of the fitness industry, the strategies revealed in this book will help create more freedom and profit in your fitness business than you could ever have imagined.

Fitness Evolution is the Ultimate Playbook to help you take your fitness business to the next level in the Digital Age.

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